



About California's Skilled Nursing Facilities

Delivering 24-hour Medical Care to the State's Most Vulnerable Patients

California's more than 1,000 Skilled Nursing Facilities (SNFs) and over 100,000 caregivers provide **essential 24-hour medical care to over 445,000 of California's most vulnerable patients**. Skilled nursing facilities employ nurses, certified nurse assistants, physicians, medical aides and other licensed and highly trained medical staff that provide long-term medical care for patients with complex or chronic medical conditions as well as shorter term care for patients recovering from strokes, accidents, and hip and knee replacement.



Skilled Nursing Facilities Care for California's Most Vulnerable Patients

- **Low-Income and Medically Vulnerable Patients:** Nearly 70% of SNF patients are seniors, people with disabilities, or low-income patients who rely on the state's Medi-Cal program.
- **Seniors and Aging Adults:** About 80% of the state's long-term care patients are age 65 or older. California has nearly 9 million people over the age of 60, a number that will increase to 11.4 million by 2040. Skilled Nursing Facilities play a critical role in ensuring every Californian can age with dignity, safety, and high-quality care.
- **Patients Recovering from Surgery or Illness:** SNFs provide short-term medical care including rehabilitation for patients recovering from surgery, stroke, or chronic illness.



Provide Comprehensive Medical Care

- **Long-Term and Short-Term Medical Care:** 24-hour medical care from licensed nurses and medical staff for patients with chronic or complex medical needs, and for those recovering from surgery, stroke, or injury.
- **Rehabilitation Services:** Physical, occupational, and speech therapy to help patients regain strength and mobility.
- **Medication Management:** Oversight of prescriptions and pharmacy services to ensure safe, effective medication use.
- **Nutrition and Dietary Care:** Personalized meal planning and dietary support.
- **End-of-Life and Palliative Care:** Compassionate end-of-life medical care focused on comfort, dignity, and quality of life.
- **Behavioral Healthcare and Mental Health Services**
- **Transitional Care for Patients Leaving the Hospital** to rehabilitate patients so they can return home.



Commitment to Safety & High-Quality Care

- SNFs are licensed by the California Department of Public Health and closely regulated by federal, state, and local health agencies, meeting strict staffing, safety, workforce preparedness, and quality of care standards.
- According to the Centers for Medicare & Medicaid Services (CMS), California ranks in the top four states in 10 separate nursing home quality performance categories, including licensed nursing care, staff retention, vaccinations and preserving patient mobility and safety.



A Lifeline for Families & Communities

- **Helping Families:** SNFs provide specialized, round-the-clock medical care that families often cannot provide at home, or in-home medical care would make prohibitively expensive.
- **Easing ER Overcrowding:** SNFs help patients safely transition out of hospitals and emergency rooms.
- **Reducing Healthcare Costs:** Providing care in skilled nursing facilities instead of more costly hospitals and emergency rooms saves the entire healthcare system billions of dollars. Furthermore, SNFs are a more affordable form of long-term care for families compared to round-the-clock in-home medical care or receiving care in a hospital.



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Protect Fair Funding and Access to Skilled Nursing Care

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